



## Optimistically Speaking

August 2013

[www.optimistclubofgreatervienna.org](http://www.optimistclubofgreatervienna.org)

*Spotlight on Upcoming Events*



For the future!



Aug 2	Vienna Farmers Market 8:00 a.m.
Aug 7	NO MEETING
Aug 10	Vienna Farmers Market 8:00 a.m.
Aug 14	Wine & Chocolate Tasting @ Cocoa Vienna No Board Meeting
Aug 17	Vienna Farmers Market 8:00 a.m.
Aug 21	Meeting @ Marco Polo Restaurant 6: 45 p.m. - Meet & Greet 7:30 p.m. Dinner & Speaker
Aug 23-25	District Meeting & Convention Williamsburg, VA
Aug 24	Vienna Farmers Market 8:00 a.m.
Aug 31	Vienna Farmers Market 8:00 a.m.

*There will be no meeting on Wednesday, August 7.*

**For the future!**



### Volunteer Opportunities

The **Vienna Farmers Market** continues to need Club volunteers as Market Managers on Saturday mornings. Contact Jim Houston. **Caboose Open Houses** occur once a month; volunteers are needed to host the Caboose during these events. Contact Dan Mulville. The **Family Fun Day and Walk for Growing Hope** will be held on Saturday, September 28. Club volunteers will be needed. Contact Anna Ryjik.

Come join us the evening of Wednesday, August 21, when our speaker will be Stacy Kafka. Stacy is the Special Education Expressive Arts Teacher at Kilmer Center and was honored at our Partners in Education meeting in June. Stacy will be telling us about a program she hopes to bring to Kilmer Center during the 2013-2014 school year called Kid Pan Alley (<http://www.kidpanalley.org/>). Kid Pan Alley is a week-long songwriting Artist-In Residence workshop for kids run by world-class musician/songwriter/teacher Paul Reisler.

***Remember:*** *our social hour will begin at 6:45 p.m. followed by dinner and our guest speaker at 7:30 p.m. -- mark your calendar!*

*From the President—*

**Dear Fellow Optimists,**

First: Please rsvp to our Chocolate and Wine Tasting set for Wednesday, Aug. 14, at the new Cocoa Vienna. Wines will be selected by Vienna Vintner. Cost is \$30 per person and space is limited. Please rsvp by July 31 so that we are sure to have enough chocolate and wine! Contact me for more specifics or to reply.

Second: Be on the lookout for an email from me with a survey about our Club. It is designed on "Survey Monkey" but should come from my email address. The Board is looking for your input on how our Club can be its best in serving our members and our mission. Please complete the survey!

Finally: The Optimist Club of Greater Vienna is building its presence on "social media", to maximize the publicity for the Club and our events. If you have a facebook page, are on LinkedIn, have a Twitter account, or all of the above, please "like", "link" or follow us. It keeps you up-to-date and also gives us a greater reach into the online matrix.

Optimistically yours,

*Laurie*



**Optimist Club  
Anniversaries**

- Carla Brooks – 10 years
- Dick Carr – 10 years
- Tom Fraim – 10 years
- Gary Moonan – 10 years
- Dan Mulville – 10 years
- Jim Spain – 10 years
- Bob Steinfeldt – 10 years
- Jodi Weier – 4 years
- Teresa Lindsey – 3 years



**Happy  
Birthday**

- Tom Fraim – August 2
- Carla Brooks – August 5
- Jim Pammel – August 15
- Ken Glaser – August 18
- Cindy Stanton – August 19
- Grant Marsh – August 21



**For the future!**

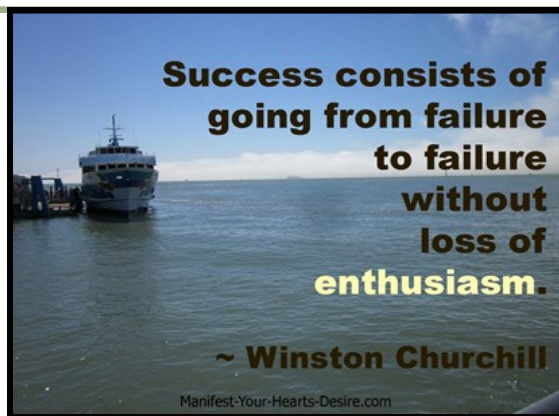


## *Vienna Farmers Market*

The Vienna Farmers Market is heating up during the lazy days of August. The market, located at 301 Center Street South, operates on Saturdays through the end of October from 8 a.m. to noon.

- On August 3, TJ Michaels visits the market to create balloon artistry for the kids and the non-profit PRC INC visits the market.
- On August 10, the Vienna Volunteer Fire Department will be at the market providing free blood pressure checks.
- On August 24, the American Legion will be our guest nonprofit while outside the market on the front lawn of the Faith Baptist Church the congregation will be conducting an outreach effort in honor of America's troops in conjunction with "Operation Care for Our Troops." Children will be making cards and projects for the troops and donations are being collected for wounded warriors, military personnel in transition and families of those recovering from an injury. Items will also be shipped overseas. Basic care items are being collected including personal hygiene items basic food and snack items. For more information please contact the church directly at [shannon@believegrowchange.org](mailto:shannon@believegrowchange.org). Boxes will be at the church before and during August 24, 2013.

Want to get involved at the market? Please go to the [Optimistclubofgreatervienna.org](http://Optimistclubofgreatervienna.org) and click on Vienna Farmers Market, Helper Sign-Up to volunteer. Thank you.



## *Volunteer Spotlight*

*Your name here.* We need each and every member to be an “active” member of our Optimist Club. How can you help? What skills, abilities or attributes can you contribute? And—have you invited a friend to an Optimist Club meeting this year?

### *The Optimist Creed*

#### **Promise Yourself . . .**

**To be so strong that nothing can disturb your peace of mind.**

**To talk health, happiness and prosperity to every person you meet.**

**To make all your friends feel that there is something in them.**

**To look at the sunny side of everything and make your optimism come true.**

**To think only of the best, to work only for the best, and expect only the best.**

**To be just as enthusiastic about the success of others as you are about class, your own.**

**To forget the mistakes of the past and press on to the greater achievements of the future.**

**To wear a cheerful countenance at all times and give every living creature you meet a smile.**

**To give so much time to the improvement of yourself that you have no time to criticize others.**

**To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.**

*Christian D. Larsen*

## *An OCGV Special Event!*

*August 14, 2013, 6:30 p.m. – 8:30 p.m.*

### **Chocolate and Wine Tasting at Cocoa Vienna**

Sample wines from *Vienna Vintner* paired with different chocolates

Learn how chocolate is made

Enjoy creating your own delicacies in a luscious chocolate fountain

\$30.00 per person -- Additional wine will be available for purchase.

RSVP to Laurie Cole ([lauriecole.optimist@gmail.com](mailto:lauriecole.optimist@gmail.com)) Attendance is limited to 26 people, so tickets are first come, first served!

**Cocoa Vienna will donate 10% of any chocolate sales that evening to our campaign for Growing Hope.**



Vienna Optimists continue the mission of providing hope and positive vision with our childhood cancer campaign. Since 2006, we have raised over \$250,000 to support Growing Hope, a local non-profit that provides educational, financial and social support to children with cancer and their families. Johns Hopkins University & Medical Center also receives a portion of donations for childhood cancer research from this event. The campaign culminates in a Walk & Family Fun Day on Saturday, September 28, at the Vienna Town Green from 10 a.m.-2 p.m. This year's event will feature the following: a 3 mile walk with school students raising funds, games and entertainment for children, live auctions and raffles at 11:30 and 1:30 and free t-shirts to donors

**DO YOUR PART:** This year we are asking our members to:

1. Donate THIS MONTH in any amount or become a sponsor at one of the levels below:
  - Bronze, \$100 announcement at the event
  - Silver, \$500 signs at the event and on social media sites
  - Gold, \$1000 signs and social media and promotional releases.

Donate at [www.optimistclubofgreatervienna.org](http://www.optimistclubofgreatervienna.org) via PayPal or send a check payable to Optimist Club of Greater Vienna Foundation to Optimist Club of Greater Vienna P.O. Box 411 Vienna, VA 22183

2. Obtain a monetary donation from an individual or business who is not a member of the Optimists.
3. Bring at least one person who is not a member of Optimists to the event on Saturday, September 28, 2013.

We are off to a great start with over \$700 in donations collected at our meeting in July. If you can solicit donations, promote the event or volunteer at the event, please contact either co-chairs Anna Ryjik or Susan Bauer at [annaryjik@gmail.com](mailto:annaryjik@gmail.com) or [snbauer@gmail.com](mailto:snbauer@gmail.com).



## *Board Actions at a Glance*

**May Board Meeting Highlights.** The Board of Directors met on July 10, 2013, with 10 members present. Highlights of the meeting are as follows:

- ◆ Thanked Michele Wright for the successful Respect for Law program.
- ◆ Discussed plans for the 2014 Farmers Market.
- ◆ Discussed plans for the Walk for Growing Hope and Family Fun Day scheduled for Saturday, September 28.
- ◆ Discussed a wine/chocolate tasting on August 14 at the new Cocoa Vienna on Church Street
- ◆ Approved a donation to Faith Baptist Church for the use of their parking lot for the Farmers Market.

### **Club Announcements**

- 1) The Optimist Club of Greater Vienna is now a member of the Vienna Business Association. This puts us directly in touch with local businesses and professionals and we hope it will be a good vehicle to promote the Club.
- 2) Members are encouraged to "Like" our Facebook Page and the Farmers Market's Facebook Page
- 3) Members are encouraged to follow us on Twitter for updates on the Walk for Growing Hope and other Club events.

## *2012-2013 International, District, and Club Leaders*



### *International*

**International President-** Jean Claude (JC) St- Onge  
**Vice President Mid-Atlantic Region-** Richard Highland

### *District*

**Governor Capital Virginia District-** Art Jones  
**Governor-Elect Capital Virginia District-** Barbara Grizzard

**Lt. Governor Zone 6-** Tom Fraim

### *Club*

<b>President</b>	<b>Laurie Cole</b>
<b>Secretary</b>	<b>Jim Houston</b>
<b>Treasurer/Newsletter</b>	<b>Tom Fraim</b>
<b>President Elect</b>	<b>Tom Spengler</b>
<b>Immediate Past President</b>	<b>Walt Petersen</b>
<b>VP Community</b>	<b>Michele Wright</b>
<b>VP Finance</b>	<b>Tom Spengler</b>
<b>VP Media Relations</b>	<b>Tom Bauer</b>
<b>VP Membership</b>	<b>Gladys Kozlik</b>
<b>VP Youth</b>	<b>Mike Fitzella</b>
<b>Director of Community</b>	
<b>Director of Media Relations</b>	<b>Susan Bauer</b>
<b>Director of Membership</b>	<b>Laura Yi</b>
<b>Director of Youth</b>	<b>Jim Stivison</b>
<b>Webmaster</b>	<b>Gary Moonan</b>

***Fourth Quarter District Meeting & Convention***  
***August 23-25, 2013***  
***Williamsburg, VA***